

# Sports & Leisure Studies

VTCT

## Why study this subject at Hayesfield?

This course focuses on the leadership, leisure and management side of the sports sector. Students also explore the importance of how the human body works during sport and exercise as well as the impact of lifestyle factors on health and well-being. You will have access to industry expertise and study with experienced vocational teachers who will support you to ensure you maximise your potential.

## Course content

**Our students will develop the core specialist knowledge through the following units:**

- Anatomy and physiology for sport
- Lifestyle factors
- Risk assessment in sport
- Sports leadership
- Facilities and operational management in sport
- Outdoor and adventurous activities

## Assessment

- 50% Coursework.
- 50% Exam.

**Fantastic sports facilities and teachers. You will not find this course on offer anywhere else in the local area with its range of optional units – something to ensure success for all!**

## Entry requirements and subject specific skills

At least one Grade 4 in Science or BTEC equivalent.

GCSE PE is useful but not essential.

### This subject works well with

Applied Business, Applied Science, Psychology and Sociology.

### Extra/Super curricular activities

Leadership opportunities through participating in the Royal Navy Combined Cadet Force is an option with this course.

We have expert visitors and speakers from across the sector.

## Future Pathways

This qualification has been developed to enable progression to higher education, apprenticeships and employment in the areas of:

Sports Psychology, Sports Physiology, Sports Therapy, Sports Management, Sports Development & Coaching, Leisure Management and Public Services (Armed Services and the Emergency Services).

## Recent exam success

This is a new course, starting September 2018.